Anne Moss Rogers The Emotionally Naked® Speaker

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UNC-Chapel Hill alumna, lives in Richmond, VA.

In-person & Virtual

Training:

- **safeTALK**- Registered suicide prevention trainer
- **ASIST**– Applied Suicide Intervention Skills
- **ASK Workshop**-Identifying suicide risk in young kids 6-14
- **MHFA,YMFA**- Youth Mental Health First Aid
- **Preventure**– Personality-targeted life skills training for youth substance misuse prevention
- **DBT Steps-A in Schools-** DBT skills
- **Trauma-Informed Care Basics**
- **Suicide Survivor Peer Outreach**
- **Gym Neurocognitive Training for Addiction**

UTAH VALLEY UNIVERSITY · NIH National Institute of Mental Health · KUTZTOWN UNIVERSITY · Fairfax County PUBLIC SCHOOLS ENGAGE • INSPIRE • THRIVE · GLENDALE COMMUNITY COLLEGE · EASTERN ILLINOIS UNIVERSITY

Student Suicide Prevention, Intervention & Postvention

Training, Professional Development, or for a Preconference Workshop, 3.5-4 hours.

Part I – Prevention

- Signs to look for in students ages 6-25. In artwork, on social media sites, and papers
- Case studies of how teachers have integrated coping and critical thinking into their curriculum
- Creating a suicide safe environment

Part II – Intervention

- What to say, what to do, scripts and role play on how to respond.
- Examples of protocols in school settings.
- What to say to parents, laying the groundwork to normalize these conversations, and actual scripted responses to difficult questions.

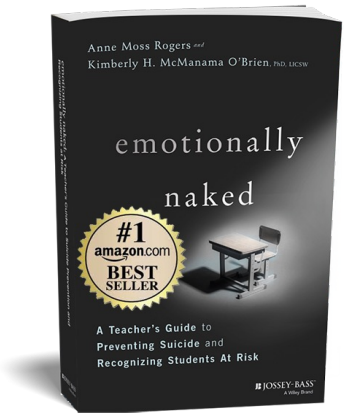
Part III- Postvention

- The top errors most administrators make after a school suicide that put vulnerable students at risk.
- How to support staff and students in their grief after a suicide.
- What to do/say to the parent of a deceased child.
- What educators can say to students who accuse teachers of lying when the parents have chosen not to disclose the cause of death.
- How to prevent contagion and cohort suicide.
- Memorial guidelines and creating a commemoration policy.

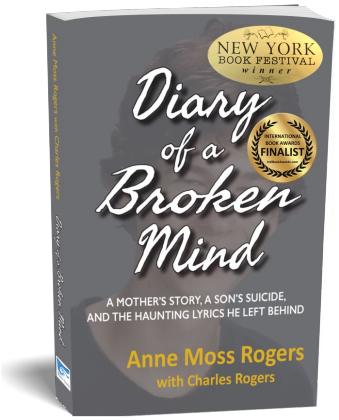
Bio

Anne Moss is her first name. It's a Southern thing. She is a **TEDx** storyteller, an author and an Emotionally Naked® professional speaker and trainer who educates and helps audiences find hope, healing and purpose. The author of two books, she has been featured in the New York Times and was first non-clinician invited to speak at the National Institute of Mental Health on youth suicide.

Despite her family's best efforts, her 20-year-old son, Charles, died by suicide June 5, 2015, after many years of struggle with anxiety, depression and addiction.



Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk



Diary of a Broken Mind: A Mother's Story, a Son's Suicide and the Haunting Lyrics he Left Behind

DEMO Video & TEDx
AnneMossRogers.com

Program Testimonials & Takeaways

This workshop at the Virginia School Safety Training Forum sold out 6 months before the conference. The host kept finding a bigger room until the only room large enough to hold the attendees was the grand ballroom. Over 300 teachers, school counselors, first responders, and SROs (School Resource Officers) attended this pre-conference workshop.

"I really liked the scripts provided. Being a teacher, I want to 'be there' for my students but often lack the words."
--Teacher, Workshop attendee

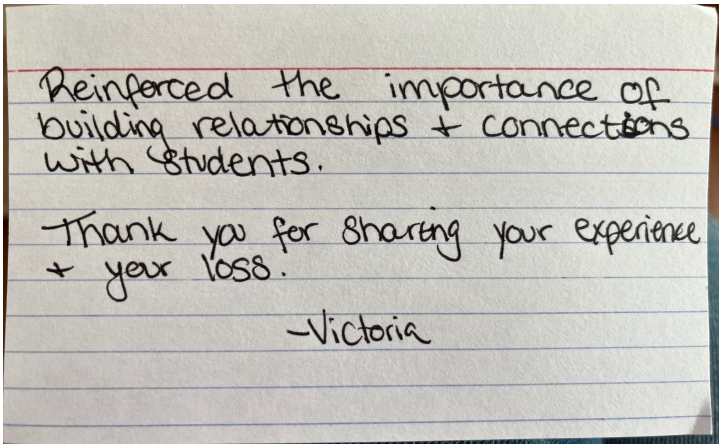
"Thank you. I am a teacher and I feel better equipped in my classroom."
-- Teacher, Workshop Attendee

"This has really been amazing!!!! one of the best trainings I've had so far...."
--Jennifer Kester, Social Worker

"My colleagues and I are quite battle hardened, whether military, police, security or all three. From a public safety convention to the business world, Anne Moss Rogers will open your eyes and hearts immediately. Good luck dozing off or pseudo listening to her, as she will grab you 'right in the feels' as the expression goes. Even those up all night, couldn't avert their focus to her dynamic ability to connect.

Yes, she got me crying, and you know what? Good. She opened my eyes to learn about suicide, mental health issues that are important to us all, and also how to better work with others. I learned from her, as did the other folks that went with me, it was a consensus that she 'opened our thinking up.' If you want a keynote speaker, or someone to connect with you on a visceral level, Mrs. Anne Moss Rogers is who you want. In honor of her, her son Charles. I applaud her candid approach that delivers clear results."
--Mike Ross, Retired police officer, School Resource Officer

"As a school counselor, I need to be proactive on the issue of suicide."
--School Counselor

"Thank you so much for sharing and give us access to so many resources!"
--Deputy Daniel McCrae

"The suicide diagram really helped to visually see how individuals think of suicide."
--Sheriff Deputy